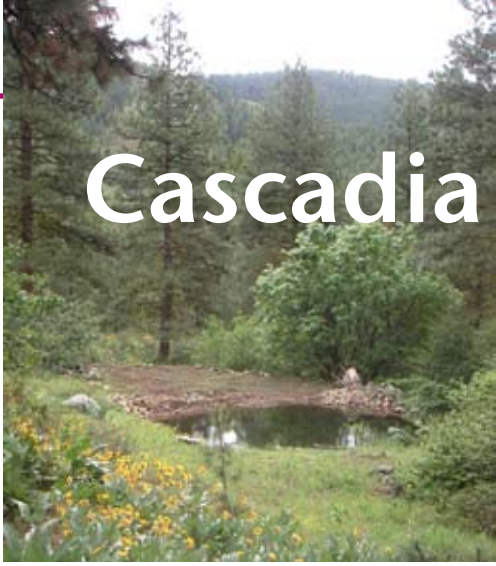


Cascadia Quest



June 7 - 13, 2010

**Okanogan-Wenatchee National Forest,
Eastern Washington**

Guides: Ann Linnea and Christina Baldwin

In response to numerous requests PeerSpirit is offering its first wilderness quest **for both men and women**. If you are seeking to mark a transition in your life, to reconnect with your inner wisdom, or to clarify a life situation, we invite you to join us in the beautiful forested lands of the eastern Cascade Mountains. Using Skalitude's off-the-grid retreat center as a base camp, the group will prepare for a 48-hour solo by learning the traditional quest practices of wilderness solitude, fasting, council, and ceremony.

Participants will provide their own equipment (list provided) for the solo time. All food will be provided. No prior camping experience is required. Hiking and other movement at this 3,000 ft. elevation will not be strenuous.

DATES: June 7 - 13, 2010

COST: \$975 (includes everything on site)

REGISTRATION: Limited to 12 men and women age 21 and over

LOCATION: Okanogan-Wenatchee National Forest on the eastern slope of the Cascade Mountains near Carlton, WA (4.5 hr. drive from Seattle, 3.5 hr. drive from Spokane)

DEPOSIT: A non-refundable deposit of \$250 holds your place. We have a limited amount of funds available for scholarship.



Ann Linnea of PeerSpirit is a wilderness guide with four decades of experience. Through a lifetime of wilderness work and fifteen years of bringing the wisdom of council into the mainstream, Ann has developed a deep-seated belief that true, internal, systemic change is facilitated by extended immersion in the natural world in the creative company of peers. Ann is a certified Wilderness First Responder and a member of the Wilderness Guides Council.

Christina Baldwin is a guide to the inner life through journal writing and personal story. She is passionate about nature, wildness, and helping people sit with the earth and receive instruction, inspiration, and direction. She and Ann co-founded PeerSpirit circling, which, along with the quest's own ancient ceremonies, will provide the social and spiritual container for the journey of these days.



Register through PeerSpirit, Inc. (360-331-3580, www.peerspirit.com).

For more information, contact Ann Linnea at linnea@peerspirit.com.

Permitted by the Okanogan-Wenatchee National Forest, sponsored by PeerSpirit, Inc. and Wilderness Rites, LLC